



The Power of INNER CHOICE: 12 Weeks to Living a Life YOU Love

By Mary E. Allen, MCC
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Author Event

Course 300LSF Section A
Monday, December 12, 2005
from 6:45 PM to 9:30 PM
The Learning Annex
San Francisco, CA
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Register online at www.LearningAnnex.com

12 Fundamentals for Living the Life of Your Dreams

Life is an un-ending stream of choice points, which shape the quality of your life. One set of choices is a recipe for joy, clarity, freedom, peace, abundance and inner fulfillment. The other set of choices is a recipe for stress, depression, scarcity, resistance and frustration.

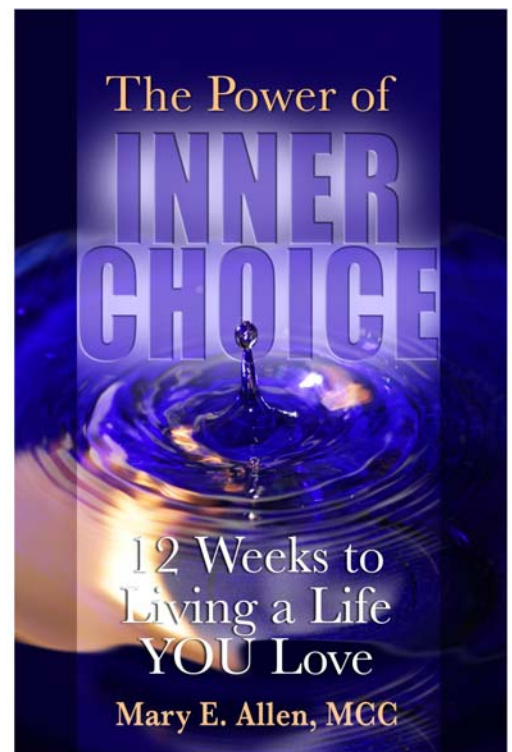
There are thousands of big and little choices we make each day. The question is, ***“Who is doing the choosing?”***

In this thought-provoking workshop, you will consciously connect to your greatest source of power and creativity and discover your “inner chooser”.

Here you will learn:

- How to clearly distinguish your authentic “inner chooser.”
- Which outside influences or hidden fears have influenced you in the past.
- 7 clues that it is NOT REALLY YOU doing the choosing.
- The most effective ways to re-connect with your greatest source of power in any moment.
- 12 simple ways to instantly transform distracting stress into clarity and peace.

Mary E. Allen is both a Certified Professional Co-Active Coach through The Coaches Training Institute and Master Certified Coach through the International Coach Federation, placing her in the top 1% of all life coaches. She is well known for her Conversations with the Masters interviews with such notable authors and speakers such as Dr. Wayne Dyer, Byron Katie, Debbie Ford, Dr. David Hawkins, and Bijan. Mary Allen is author of The Power of Inner Choice: 12 Weeks to Living a Life YOU Love. www.powerofinnerchoice.com



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